

# Your actions are changing lives.

When you donate to United Way of Coastal Carolina, your dollars stay local to fund agencies that provide services to families and individuals in Carteret, Craven, Jones & Pamlico Counties.



United Way  
of Coastal Carolina

\$1 a day will provide two weeks of groceries for a family of 5 living in a shelter due to domestic violence in the home.

\$3 a day provides 75 hours of tutoring for a non-English speaking student who needs to develop communication skills, find employment, and achieve citizenship.

\$3 a day will provide 21 sessions of therapy to victims of sexual violence or other traumatic crime.

\$1 a week provides 5 youth the supplies and instruction needed for an after-school STEM activity such as rocket construction or a planting project.

\$1 a day will provides seven days of shelter, food, counseling and job training for a homeless veteran.



\$1 per day provides one year of supplies and supervision for 20 members in the Project Learn after school program funded by United Way.

\$5 a month will allow 50 patients with no insurance to receive free medical services and prescription medicines.

\$10 per month will provide free prescription medicines for 1 senior who might otherwise have to choose between buying needed medication and buying groceries.

## United Way of Coastal Carolina Service Guide

### BOYS & GIRLS CLUBS OF COASTAL CAROLINA

Project Learn, Beaufort, Morehead City & Havelock Clubs

### BROAD STREET CLINIC

Diabetic Testing for Health Gains

### CARTERET COUNTY DOMESTIC VIOLENCE PROGRAM

Crisis Intervention & Shelter Program

### CATHOLIC CHARITIES

Senior Pharmacy  
Family Self-Sufficiency

### COASTAL PREGNANCY CARE CENTER

LIFEGuard Program

### COASTAL WOMENS SHELTER

Shelter Basics

### CRAVEN LITERACY COUNCIL

Enhancing Life Skills through Literacy

### BOY SCOUTS OF AMERICA, EAST CAROLINA COUNCIL

STEM Program

### HEARTWORKS

Safe Start Program

### HOPE CLINIC

Indigent Adult Medical Care

### MEDIATION CENTER OF EASTERN CAROLINA

TEEN Court

### PROMISE PLACE

Trauma Therapy

### RELIGIOUS COMMUNITY SERVICES - RCS

Emergency Homeless Shelter

### REVIVING LIVES MINISTRIES

12-Step Residential Recovery Program



### Meet Anna\*

'Anna' was a young single mother who had been in a violent relationship for many years with a man twice her age. There had been verbal, sexual and physical abuse from very early in the relationship, and she was largely and completely financially dependent on the abuser. After securing a protective order, 'Anna' was able to realize additional goals over the next 3 months, ultimately securing her first full-time job, receiving therapy services and obtaining her driver's license and a vehicle.

\*Not her real name