

# Your actions are providing solutions.

What you invest in when supporting Programs serving Carteret, Craven, Jones & Pamlico Counties through United Way of Coastal Carolina.



United Way  
of Coastal Carolina

\$1 a day will provide two weeks of groceries for a family of 5 residing in shelter due to domestic violence in the home.

\$3 a day provides 75 hours of Tutoring for struggling students who just need a little one on one help with reading or math.

\$3 a day will provide 21 sessions of therapy to victims of sexual violence or other traumatic crime.

\$1 per week provides "Girls to Guide to Girl Scouting" books and sashes for 2 Daisies in need, bringing the Girl Scout Leadership experience to life!

\$1 a week provides 5 youth the supplies needed to run a one meeting and a STEM activity such as rocket construction or a planting project, staff to deliver the program or a healthy snack.

\$1 per day provides arts and craft supplies for 20 members in the Project Learn program funded by United Way for 1 year.

\$5 a day will allow 200 patients to be tested for routine chemistry panels that includes electrolytes, kidney functions, and liver function tests.

\$5 per month will provide clothing, food, lodging for 3 nights and vouchers for life-saving prescription medications for a family that has lost everything in a fire or other disaster to help them get back on their feet.



## United Way of Coastal Carolina Service Guide

### AMERICAN RED CROSS, COASTAL CAROLINA CHAPTER

Disaster Relief Emergency Support

### BOYS & GIRLS CLUBS OF COASTAL CAROLINA

Project Learn, Beaufort, Morehead City & Havelock Clubs

### BROAD STREET CLINIC

Diabetic Testing for Health Gains

### CARTERET COUNTY DOMESTIC VIOLENCE PROGRAM

Crisis Intervention & Shelter Program

### COASTAL PREGNANCY CARE CENTER

LIFEGuard Program

### COASTAL WOMENS SHELTER

Shelter Basics

### CRAVEN LITERACY COUNCIL

Enhancing Life Skills through Literacy

### BOY SCOUTS OF AMERICA, EAST CAROLINA COUNCIL

STEM Program

### EASTERN PREGNANCY INFORMATION CLINIC - EPIC

EQUIP Program

### GIRL SCOUTS, NC COASTAL PINES

Community Outreach

### HEARTWORKS

Safe Start Program

### HOPE CLINIC

Indigent Adult Medical Care

### MEDIATION CENTER OF EASTERN CAROLINA

TEEN Court

### PAMLICO 4-H

4-H Program

### PROMISE PLACE

Trauma Therapy

### RELIGIOUS COMMUNITY SERVICES - RCS

Emergency Homeless Shelter

### REVIVING LIVES MINISTRIES

12-Step Residential Recovery Program



### Meet Frank\*

"When I was laid off from my job 6 years ago, I was glad that my wife was still working, but not long after, budget cuts eliminated her job as well. With both of us out of work, we were evicted from our apartment.

Multiple United Way agencies and programs supported us with classes geared toward increasing income and financial literacy along with mental health services to help my family through this time in our lives. Today, we are both working and our daughters enjoy giving back by working at the food pantry every week.

Our experience has shown us this community really cares!"

\*Not his real name