

Your actions are providing solutions.
What you invest in when supporting Programs serving
PAMLICO COUNTY through United Way of Coastal Carolina.



United Way
of Coastal Carolina

\$1 a day will provide two weeks of groceries for a family of 5 residing in shelter due to domestic violence in the home.

\$3 a day provides 155 boxes of glucose test strips for diabetes patients to monitor their blood sugar at home.

\$3 a day will provide 21 sessions of therapy to victims of sexual violence or other traumatic crime.

\$1 per week provides "Girls to Guide to Girl Scouting" books and sashes for 2 Daisies in need, bringing the Girl Scout Leadership experience to life!

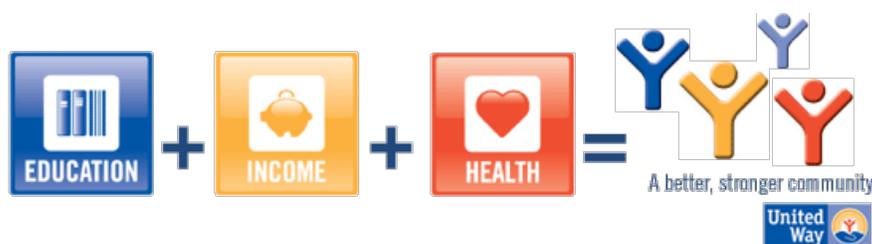
\$1 a week provides 5 youth the supplies needed to participate in a 4-H program such as a planting project.

\$5 per month will provide clothing, food, lodging for 3 nights and vouchers for life-saving prescription medications for a family that has lost everything in a fire or other disaster to help them get back on their feet.



Anyone who stops learning is old, whether at twenty or eighty. Anyone who keeps learning stays young.

Henry Ford



"The greatest gift you can give someone is your time because when you are giving your time, you are giving them a portion of your life that you will never get back."

United Way of Coastal Carolina PAMLICO COUNTY Service Guide

AMERICAN RED CROSS, COASTAL CAROLINA CHAPTER

Disaster Relief Emergency Support

COASTAL WOMENS SHELTER

Shelter Basics

CRAVEN LITERACY COUNCIL

Enhancing Life Skills through Literacy

BOY SCOUTS OF AMERICA, EAST CAROLINA COUNCIL

STEM Program

EPIC (Eastern Pregnancy Information Clinic)

EQUIP Program

GIRL SCOUTS, NC COASTAL PINES

Community Outreach

HEARTWORKS CHILDRENS MEDICAL HOME MISSION

Safe Start Program

HOPE CLINIC

Indigent Adult Medical Care

PAMLICO COUNTY 4-H

4-H Program

PROMISE PLACE

Trauma Therapy

RELIGIOUS COMMUNITY SERVICES

Emergency Homeless Shelter

REVIVING LIVES MINISTRIES

12-Step Residential Recovery Program



INVEST

Meet Gloria

Gloria moved to Pamlico County 40 years ago with her husband. She married into a big family, all of whom saw Dr. Hudson, who helped start Hope Clinic. When Gloria's husband passed away in 2009 she found herself without health insurance and no way to support herself while acting as caregiver to one of her adult children. In 2011, as part of a routine cervical and breast care screening offered through Hope Clinic, in conjunction with the health department, Gloria received the bad news that she had breast cancer. Surgery took place in March 2012. Under the care of Dr. Cho from New Bern Cancer Care, she completed 1 year of chemotherapy, and continues to be cancer free. She is "so thankful and appreciative" to have Hope Clinic to rely on. Gloria says, "its good to know that there is a place to go". She also believes that everyone, including herself, should "do for others when you can". **Gloria no longer has to confront her healthcare alone, because she has Hope.**